Your college and career compass

The four areas below are designed to help you consider what you might want your college and career experience to be. In the four quadrants below, check the words that best describe what you see as your skills and abilities, majors that you are curious about (choose at least three even if you think that you have already decided), issues that you care about, and values. Do these key skills, interests, and values accurately reflect your ideas about yourself and your future?

Skills and abilities
What are your strengths?

- Problem solving
- Attention to detail
- Building relationships
- Counseling/advising
- Training/coaching
- Communication
- Resolving conflict
- Motivating others
- Event planning
- Customer service
- Building things
- Data analysis
- Public speaking
- Leadership
- Encouraging others
- Creating
- Editing
- Design
- Organizing
- Teaching
- Languages
- Writing
- Coding
- Music
- Art
- Athletics

Issues
Where do you want to have an impact?

- Environment
- Medicine
- Athletics
- Clean energy
- Mental health
- Diversity, equity, and inclusion
- Health care
- Technology
- Sustainability
- Nature
- Poverty
- Education
- Reproductive rights
- Democracy
- Economic justice
- Arts
- LGBTQ+ rights
- Civil rights
- Addiction
- Animals Children
- Adults
- Older adults
- Promoting healthy living
- Criminal justice
- Theater/film
- Religion/faith
- Economics
- Public policy
- Student debt

Programs
Check three of interest. Star two that you’re curious about.

- African, African American, Diaspora Studies
- Anthropology
- Ancient Studies
- Bioinformatics
- Biology
- Business and Management
- Chemistry
- Classics
- Computer Science
- Creative Writing
- Criminal Justice
- Dance
- Design
- Digital Communications
- Economics
- Education
- English
- Environmental Science
- Film and New Media Studies
- French
- German
- Greek
- Italian
- Latin
- Russian
- Hispanic Studies
- History
- History of Art
- International Relations
- Marketing
- Math
- Music
- Neuroscience
- Nursing
- Philosophy
- Physics
- Political Science
- Psychology
- Public Health
- Religion
- Sociology
- Theatre
- Visual Art
- Women’s and Gender Studies

Values
What do you care about most?

- Authenticity
- Achievement
- Beauty
- Belonging
- Compassion
- Community
- Concern for Environment
- Concern for Others
- Creativity
- Curiosity
- Determination
- Fairness
- Family
- Friendship
- Growth
- Happiness
- Health
- Honesty
- Humor
- Independence
- Influence
- Intelligence
- Kindness
- Integrity
- Meaningful work
- Respect
- Responsibility
- Scientific understanding
- Security
- Service
- Social justice
- Success
- Wealth
- Wisdom

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