# WELLNESS OPTIONS

## **STUDENT HEALTH SERVICES**

Care by Appointment: Norton Medical Center (NMC), 14 Taunton Ave. 508-285-9500

Appointments only—no walk-ins M-F: 9 a.m.-4 p.m.

After-Hours Help: NMC Doctor-on-Call at 508-285-9500

Explain health concern to answering service. Doctor will call back and suggest best next steps.

## **COUNSELING CENTER SERVICES**

**Services Offered:** Short term solution focused therapy, emergency same day support, case management and referrals, outreach and education.

Wheaton Counseling Center: 42 Howard St.; **508-286-3905**, Mon-Fri, 8:30 a.m.-4:30 p.m.

**After hours:** Call the Counseling Center with URGENT needs to speak with a Clinician On Call over the phone. EMERGENT and In Person response needs, contact Campus Safety **508-286-3333**.

# **24/7 MENTAL HEALTH SUPPORT SERVICES**

#### SUPPORT FOR PEOPLE IN CRISIS

stevefund.org/crisistextline - Text STEVE to 741741 - support for individuals of color

**crisistextline.org** - **Text HOME to 741741** - support for emotional distress

thetrevorproject.org - 866-488-7386 - support for LGBTQ+ individuals

suicidepreventionlifeline.org - 800-273-8255 - support for suicidal crisis

samaritanshope.org - 877-870-HOPE (4673) - support for suicidal crisis

translifeline.org - 877 -565-8860 - peer support line for trans individuals

### **SEXUAL ASSAULT SERVICES:**

**New Hope Crisis Hotline: 800-323-4673** 

For out-of-state calls - 877-785-2020 (SafeLink) and ask for New Hope Crisis Hotline

Morton Hospital: 508-828-7000 ER and SANE (Sexual Assault Nurse Examiner)

## **OTHER RESOURCES**

#### **PHARMACIES**

**CVS:** West Main St, Norton, 508-285-4032

Walgreens: West Main St, Norton, 508-285-4961

## **WALK-IN & URGENT CARE CLINICS:**

CVS Minute Clinic: 35 W. Main St. Norton, 508-285-4032

Mansfield Health Center: 200 Copeland Dr., Mansfield, 508-339-4144

Tristan Medical Norton Care Center: 184 W. Main St., Norton, 508-824-0243

In Case of Emergency

In case of a physical or mental health emergency, and for any after hours support, call Campus Safety 508-286-3333 or 911

