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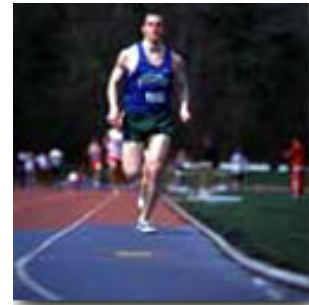
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1999-2000 SEASON NEWS

[Greenridge named Outstanding Field Performer at NCAA Division III Outdoor Track & Field Championship](#)
June 12, 2000

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February 5, 2000

Wheaton claimed first-place honors in each of the three jumping events, which included the high jump, long jump and triple jump.

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Date	Day	Meet	Site	Start Time	Score	# of teams
18-March	Collegiate Track & Field Series	(Olympic Training Center) Chula Vista, CA	TBA	No Team Score		
8-April	Jumbo Invitational	(Tufts University) Medford, MA	10:00am	No Team Score		
15-April	Springfield Invitational	(Springfield College) Springfield, MA	10:00am	3rd Place (62 points)	8 Teams	
22-April	Lafayette Invitational	(Lafayette College) Easton, PA	10:00am	No Team Score		
27-28-April	Penn Relays	(University of Pennsylvania) Philadelphia, PA	TBA	No Team Score		
29-April	NEWMAC Championships	(Springfield College) Springfield, MA	10:00am	5th Place (39 points)	5 Teams	
6-May	New England Division III Championships	(Springfield College) Springfield, MA	10:00am	11th Place (29 points)	23 Teams	
12-13-May	All New England Championships	(University of Connecticut) Storrs, CT	12:00pm	9th Place (31 points)	37 Teams	
20-May	Twilight Invitational	(Northeastern University) Dedham, MA	5:00pm			
25-27-May	NCAA Championships	(North Central College) Naperville, IL	TBA			
23-24-June	USATF Junior Nationals	(NW Texas State University) Denton, TX	TBA			
14-23-July	US Olympic Trials	(Sacramento CC) Sacramento, CA	TBA			

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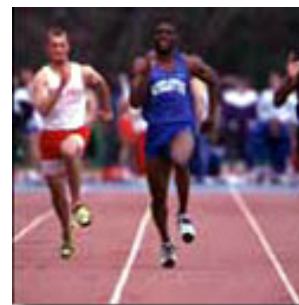
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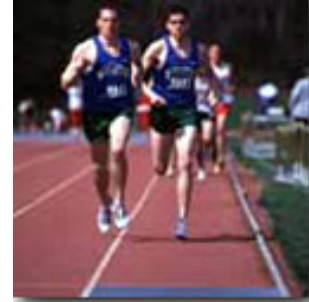
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GREENRIDGE NAMED OUTSTANDING FIELD PERFORMER AT NCAA DIVISION III OUTDOOR TRACK & FIELD CHAMPIONSHIP

June 12, 2000

Raheim Greenridge of Wheaton College (Mass.), who won the high jump and finished third in the triple jump, was named the Outstanding Field Performer at the 2000 NCAA Division III Men's Outdoor Track and Field Championship held May 25-27 at North Central College in Naperville, Ill. The award is sponsored by the United States Track Coaches Association (USTCA).



Greenridge, a sophomore from Wyandanch, N.Y., led Wheaton College to an eighth-place finish by leaping to a meet-record 7-2 1/2 in the high jump and a mark of 49-2 1/4 in the triple jump. Greenridge missed at qualifying for the 2000 United States Olympic Trials in the high jump by a 1/2 inch. His qualifying mark of 50-0 3/4 in the triple jump for the event was the best among the national outdoor championship participants.

Lincoln University (Pa.) scored 52 points to share the team title with host North Central College. Central College (Iowa) finished third at the event with 38 points, while the University of Wisconsin-LaCrosse placed fourth with 34.5 points and the University of Wisconsin-Oshkosh fifth with 33. Wheaton College scored 30 points en route to its eighth-place finish.

Last year, Greenridge finished second in the high jump to help Wheaton College place 14th at the NCAA Division III Outdoor Track and Field Championship held in Berea, Ohio. Earlier this year, Greenridge led Wheaton College to a sixth-place finish at the NCAA Division III Indoor Track and Field Championship held in Bloomington, Ill., by placing second in the high jump.

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WHEATON'S TRACK-AND-FIELD TEAMS PRODUCE THREE NATIONAL CHAMPIONS; WOMEN PLACE THIRD AND MEN TAKE EIGHTH

May 27, 2000

The Wheaton College women's and men's track-and-field teams produced three national champions, 19 All-Americans and shattered one National Collegiate Athletic Association (NCAA) meet record at the NCAA Division III outdoor national championship held today at North Central College in Naperville, Ill. Wheaton's women placed third overall in the national championship, and the men took eighth.



Senior Beth Castagno (Glendora, N.J./Haddonfield H.S.), junior Rob Tyson (Northfield, MA/Northfield Mount Hermon H.S.) and sophomore Raheim Greenridge (Wyandanch, NY/Wyandanch H.S.) all took first in the country in their events, solidifying the college's reputation as a national power in women's track and field. The team's success is particularly noteworthy given the program's relative youth: Wheaton established men's and women's track and field in 1996. Castagno jumped to 5-9 3/4 in the high jump, Tyson jumped to 25-5 1/2 in the long jump and Greenridge soared to 7-2 1/2 in the high jump, setting a new NCAA Division III meet record. Greenridge also earned Field Athlete of the Meet honors, voted by the United States Track Coaches Association (USTCA). Both Tyson and Greenridge narrowly missed qualifying for the 2000 Olympic Trials --by a 1/2 inch in both cases.

"I'm incredibly proud of this team," said Head Coach Paul Souza. "The men scored 8th in the nation with only three men competing. They really put it all together and outscored teams with many more athletes competing. The Olympic Trials are certainly not out of the question for Rob (Tyson) and Raheim (Greenridge)."

The women Lyons finished the meet with 48.5 points to the 65 gathered by Lincoln University (Penn.). Williams College (Mass.) finished seventh with 34 points, Middlebury College (Vt.) finished tenth with 22 points, while Christopher Newport (Va.) took second with 50 points. "The women fought and scraped and dug, and in the end did a great job," said Souza. "It was one of those up and down days, and we take our hats off to (first place finisher) Lincoln. When you are competing on such a high level, you can't afford to slip up for a second. The Wheaton women are more than capable of a first place finish, but it just wasn't in the cards for us today."

In addition to the three national champions, a strong cadre of athletes led the teams to their top ten finishes. Senior All-American Deshawnda Williams (Philadelphia, Penn./Simon Gratz H.S.), participated in five events, including a third place finish in the 200m (24:67), a fourth place finish in the 100m (12.29), and anchoring the 4X400M relay to a second place finish and 4X100M relay to third.

Williams and her teammates All-American Angela Mullins (Montclair, N.J./Montclair H.S.), All-American Tenille Johnson (Baltimore, MD/Southwestern H.S.) and All-American Niara Woods (Philadelphia, Penn.) posted a blistering 3:49.45 in the 4X400m relay to place second.

Other Wheaton athletes scoring points in individual competition at the championship meet are:

- * Sophomore All-American Raheim Greenridge captured third place in the triple jump (49-2 1/4).
- * Junior All-American Tenille Johnson (Baltimore, MD/Southwestern H.S.) finished third in the 100m high hurdles (14.49) and seventh in the 400m hurdles (62.54)
- * Sophomore All-American Ray Smith (East Providence, Rhode Is.) jumped to fifth in the long jump (23-6 3/4).

* Sophomore All-American Shimera Daniels (Brentwood, N.Y./Brentwood H.S.) jumped to seventh place in the long jump at 18-5 3/4.

* Sophomore All-American Kerry Teamey (Klamath Falls, Ore./Henley H.S.) finished fifth in the pole vault with a jump of 10-11 3/4.

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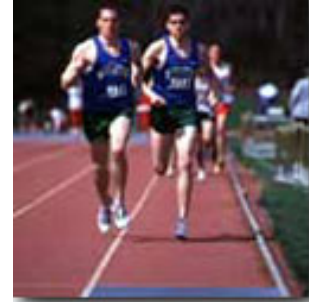
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LYONS FINISH SEVENTH IN ECAC TRACK AND FIELD CHAMPIONSHIP; COLLEGE OF NEW JERSEY DEFENDS ITS TITLE

March 4, 2000

Despite having some of their athletes out of competition in preparation for the NCAA Championships, the Wheaton College men's track team enjoyed a strong showing at the 2000 Eastern Conference Athletic Conference (ECAC) Championships on Saturday at Wheaton's Beard Field House. The Lyons finished in seventh place in the 37 team pool, as they managed five top-five finishes on the day. The College of New Jersey defended its ECAC Title.



In the field events, Wheaton captured first-place accolades in the long jump, as junior All-American Rob Tyson (Northfield, MA/Northfield Mount Herman H.S.) landed a NCAA national automatic qualifying standard with a distance of 23' 7 1/2". Sophomore Ray Smith (Providence, RI/East Providence H.S.) owned two top-five finishes on the day, recording a fourth place finish in the long jump and fifth place finish in the triple jump.

The Lyons also posted second and fourth place finishes in the 400 meter dash and 55 meter high hurdles, respectively, as senior sprinter Zhanu Bowden (Medford, MA/Medford H.S.) hit a NCAA national provisional qualifying standard in the 400 meter dash with a time of :49.63. Freshman Alex DeJong (Hamilton, MA/Hamilton-Wenham H.S.) was tops for Wheaton in the 55 meter high hurdles with a fourth place finish and time of :7.88.

Men's Final Team Results:

- 1 College of New Jersey 50 20 Montclair State 12
- 2 Keene State 44 20 USMMA [^] Kings Point 12
- 3 Williams 35 22 Ithaca 10
- 4 Plattsburgh State 30 22 Trinity 10
- 4 Springfield 30 24 Rowan University 8
- 6 Bowdoin 29 24 SUNY - Cortland 8
- 7 Worcester State 28 24 Hartwick 8
- 7 Wheaton College 28 27 Tufts 7
- 9 Bates 25 28 Lincoln 4
- 10 Dickinson 22 28 Southern Maine 4
- 10 Amherst 22 30 Hopkins 3
- 12 MIT 20 31 RPI 2
- 12 Frostburg State 20 31 CCNY 2
- 12 SUNY - Geneseo 20 31 Hunter 2
- 15 Widener 19 31 SUNY [^] Brockport 2
- 16 Colby 18 31 Umass - Dartmouth 2
- 16 Middlebury 18 36 Hamilton 1
- 18 St. Lawrence 17 36 Lehman 1
- 19 Wesleyan 16

Top Finishers in Each Event:

Name School Event Result

Rob Tyson Wheaton College Long Jump 23' 7 1/2"*

Steve Folsom St. Lawrence 5,000 Meter Run 14:54.63

Sean Montgomery MIT 1,500 Meter Run 3:52.22*

Chris Verkey Plattsburgh State 55 Meter High Hurdles :7.56*

Andy Dixon Middlebury Pole Vault 15' 3 3/4"

Darryl Louis Montclair State 400 Meter Dash :49.04*

Chris Downe Bowdoin 500 Meter Dash 1:02.10

Stanley Egbor Worcester State 55 Meter Dash :6.29*

Corey Davidson Plattsburgh State 800 Meter Dash 1:53.24

Art Dybizbanski Keene State High Jump 6' 8 1/4"

Robert Mateicka Springfield 1,000 Meter Dash 2:30.66

Lucas Adams Bates Weight Throw 57' 10 1/4"*

Stanley Egbor Worcester State 200 Meter Dash :21.63

Max Anderson SUNY [^] Geneseo Triple Jump 46' 6"

Scott Jensen Keene State 3,000 Meter Run 8:41.30

Damian Larkins Springfield Shot Put 53' 0"

--- College of New Jersey 4 X 400 Meter Relay 3:21.15

--- Wesleyan 4 X 800 Meter Relay 7:53.41

--- SUNY [^] Geneseo Distance Medley Relay 10:19.13

* Denotes NCAA men's indoor automatic qualifying standard

Denotes NCAA men's indoor provisional qualifying standard

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TRACK STAND-OUTS ZHANU BOWDEN AND ANGELA MULLINS NAMED ECAC TRACK ATHLETES OF THE WEEK.

February 17, 2000

Wheaton sprinters Zhanu Bowden and Angela Mullins were named the track athletes of the week by the Eastern Colleges Athletic Conference for outstanding performances last weekend.

The honors continues the outstanding performances turned in by athletes on both the men's and women's indoor track and field teams as the Lyons prepare for the NCAA Division III championships on March 10-11.

Bowden, a senior from Medford, Mass., recorded two strong performances this past weekend at the St. Valentine's Invitational. Bowden placed seventh in the 200 meters with a time of 22.12 and thirteenth in the 400 meters with a time of 49.79. Both times are ECAC Division III qualifying standards.

Mullins, a senior from Upper Montclair, N.J., ran the second fastest time in Division III track and field this year for the 400 meters. Her time of 57.44 placed her third at the St. Valentine's Invitational as well as automatically qualifying her for the NCAA Championships.

Other Wheaton track and field athletes who have won ECAC honors so far this season include:

- Deshawnda Williams, a senior sprinter from Philadelphia, Penn. She earned ECAC honors after winning a second place finish in the 55 meter dash at the Terrier Classic. Williams completed the event in 7.09 seconds which was an NCAA automatic qualifying time and the fastest time recorded in NCAA Division III history.
- Raheim Greenridge, a junior high jumper from Wyandanch, NY, has been named field athlete of the week twice. Greenridge won the Greater Boston Track Club Invitational, clearing 7' 1/2" , the highest jump this year in Division III. Earlier in the season, he won the West Point Invitational with 6/10[per thou] jump, a personal best that met the NCAA Division III championship automatic qualifying mark.
- Beth Castagno, a senior high jumper from Glendora, N.J., won ECAC honors after winning the high jump at the Greater Boston Track Club Invitational. Castagno's leap of 5' 11 1/2" was her best by 3' 1/2", an NCAA Division III automatic qualifying mark, the highest jump in Division III this season, and the second highest in Division III history.



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MEN'S AND WOMEN'S TRACK TEAMS SUCCESSFUL AT WHEATON INVITATIONAL; WOMEN EARN FIRST PLACE HONORS WHILE MEN FINISH SECOND

February 5, 2000

The Wheaton College men's and women's track teams each had a great showing at the 2000 Wheaton Invitational on Saturday at Beard Field House. The Lyon women captured victories in nine of 19 events en route to winning the invitational by a distant 70 points, while the men capped off their successful day with a second place finish to Amherst College.



In winning five track events alone, the Wheaton women were victorious in the 55 meter high hurdles, 55 meter dash, 200 meter dash, 400 meter dash and 4x200 relay events. Senior All-American **Angela Mullins (Montclair, NJ/Montclair H.S.)** captured the 400 meter dash event, with junior All-American **Tennille Johnson (Baltimore, MD/Southwestern H.S.)** finishing closely behind for a second place standing. Other winners for the Lyons were sophomore sprinters **Colleen Burch (Leicester, MA/Leicester H.S.)** and **Jacqui Martinelli (Holliston, MA/Holliston H.S.)** in the 55 meter dash and 400 meter dash, respectively. Freshman hurdler **Kristin Cullen (Stoneham, MA)** also won the 55 meter high hurdles event.

Sophomore jumper **Shimera Daniels (Long Island, NY/Brentwood H.S.)** landed the second longest triple jump this year at the NCAA Division III level, as she won the triple jump event. Three other invitational wins for the Lyons in the field events was senior All-American **Beth Castagno (Glendora, NJ/Haddonfield H.S.)** in the high jump, and sophomores **Lisa Wallin (Lebanon, NH/Lebanon H.S.)** and **Kerry Teamey (Klamath Falls, OR)** in the shot put and pole vault events, respectively. Teamey finished second to Castagno in the high jump.

For the men's team, Wheaton claimed first-place honors in each of the three jumping events, which included the high jump, long jump and triple jump. Sophomore All-American **Raheim Greenridge (Long Island, NY/Wyandanch H.S.)** captured the high jump event, while junior All-American **Rob Tyson (Northfield, MA/Northfield Mount Herman H.S.)** won the long jump. Sophomore standout **Ray Smith (Providence, RI/East Providence H.S.)** finished in first place in the triple jump and a close second to Tyson in the long jump.

The Lyon men also had top finishes in the 55 meter high hurdles, as three of the top four finalists were from Wheaton. Sophomore hurdler **Luke Marsters (Norwood, MA/Norwood H.S.)** won the event, while freshmen **Alex DeJong (Hamilton, MA/Hamilton-Wenham H.S.)** and **Matt Egan (Warwick, RI/Tollgate H.S.)** finished a close second and fourth place, respectively.

Men's Results: (1) Amherst 107; (2) Wheaton College 78; (3) Trinity 61; (4) USMMA - Kings Point 60; (5) Brandeis 55; (6) Bryant 46; (7) Worcester St. 44; (8) Stonehill 29; (9) Bridgewater State 20; (10) Salem State 16; (10) Fitchburg State 16; (12) Keene State 8; (13) Mass-Boston 3.

Women's Results: (1) Wheaton College 206.5; (2) Amherst 136; (3) Brandeis 91.5; (4) Trinity 49; (5) Stonehill 48; (6) Bryant 12; (7) Salem State 11; (8) Regis 6; (8) Bridgewater State 6; (8) Wellesley 6; (8) Mass-Boston 6; (12) Worcester St. 4.

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